

Christ Church Coronado

Morning Prayer - 5th Sunday in Lent

Sunday, March 29, 2020

Opening Sentence

If we say we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

Hymn In Christ there is no East or West The Hymnal 1982 #529

In Christ there is no east or west,
In him no south or north,
But one great fam'ly bound by love
Throughout the whole wide earth

Confession

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name.

Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Versicle and Response

Officiant Lord, open our lips.

People And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be forever. *Amen.*

Antiphon The Lord is full of compassion and mercy; Come let us adore him.

Venite

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.

For the Lord is a great God, *
and a great King above all gods.

In his hand are the caverns of the earth, *
and the heights of the hills are his also.

The sea is his, for he made it, *
and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.

For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be forever. *Amen.*

Antiphon The Lord is full of compassion and mercy; Come let us adore him.

The Psalm 118 (*read responsively by whole verse*)

1 Give thanks to the Lord, for he is good; *
his mercy endures forever.

2 Let Israel now proclaim, *
"His mercy endures forever."

3 Let the house of Aaron now proclaim, *
"His mercy endures forever."

4 Let those who fear the Lord now proclaim, *
"His mercy endures forever."

5 I called to the Lord in my distress; *
the Lord answered by setting me free.

6 The Lord is at my side; therefore I will not fear; *
what can anyone do to me?

7 The Lord is at my side to help me; *
I will triumph over those who hate me.

8 It is better to rely on the Lord *
than to put any trust in flesh.

9 It is better to rely on the Lord *
than to put any trust in rulers.

10 All the ungodly encompass me; *
in the name of the Lord I will repel them.

11 They hem me in, they hem me in on every side; *
in the name of the Lord I will repel them.

12 They swarm about me like bees;
they blaze like a fire of thorns; *
in the name of the Lord I will repel them.

13 I was pressed so hard that I almost fell, *
but the Lord came to my help.

14 The Lord is my strength and my song, *
and he has become my salvation.

15 There is a sound of exultation and victory *
in the tents of the righteous:

16 "The right hand of the Lord has triumphed! *
the right hand of the Lord is exalted!
the right hand of the Lord has triumphed!"

17 I shall not die, but live, *
and declare the works of the Lord.

18 The Lord has punished me sorely, *
but he did not hand me over to death.

19 Open for me the gates of righteousness; *
I will enter them;
I will offer thanks to the Lord.

20 "This is the gate of the Lord; *
he who is righteous may enter."

21 I will give thanks to you, for you answered me *
and have become my salvation.

22 The same stone which the builders rejected *
has become the chief cornerstone.

23 This is the Lord's doing, *
and it is marvelous in our eyes.

24 On this day the Lord has acted; *
we will rejoice and be glad in it.

25 Hosanna, Lord, hosanna! *

Lord, send us now success.

26 Blessed is he who comes in the name of the Lord; *

we bless you from the house of the Lord.

27 God is the Lord; he has shined upon us; *

form a procession with branches up to the horns of the altar.

28 "You are my God, and I will thank you; *

you are my God, and I will exalt you."

29 Give thanks to the Lord, for he is good; *

his mercy endures forever.

Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit: *

as it was in the beginning, is now, and will be forever. *Amen.*

The Old Testament Lesson

Exodus 3:16-4:12

¹⁶Go and assemble the elders of Israel, and say to them, "The LORD, the God of your ancestors, the God of Abraham, of Isaac, and of Jacob, has appeared to me, saying: I have given heed to you and to what has been done to you in Egypt. ¹⁷I declare that I will bring you up out of the misery of Egypt, to the land of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites, a land flowing with milk and honey." ¹⁸They will listen to your voice; and you and the elders of Israel shall go to the king of Egypt and say to him, "The LORD, the God of the Hebrews, has met with us; let us now go a three days' journey into the wilderness, so that we may sacrifice to the LORD our God." ¹⁹I know, however, that the king of Egypt will not let you go unless compelled by a mighty hand.* ²⁰So I will stretch out my hand and strike Egypt with all my

wonders that I will perform in it; after that he will let you go. ²¹I will bring this people into such favor with the Egyptians that, when you go, you will not go empty-handed; ²²each woman shall ask her neighbor and any woman living in the neighbor's house for jewelry of silver and of gold, and clothing, and you shall put them on your sons and on your daughters; and so you shall plunder the Egyptians.'

4Then Moses answered, 'But suppose they do not believe me or listen to me, but say, "The LORD did not appear to you." ' ²The LORD said to him, 'What is that in your hand?' He said, 'A staff.' ³And he said, 'Throw it on the ground.' So, he threw the staff on the ground, and it became a snake; and Moses drew back from it. ⁴Then the LORD said to Moses, 'Reach out your hand, and seize it by the tail'—so he reached out his hand and grasped it, and it became a staff in his hand— ⁵'so that they may believe that the LORD, the God of their ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has appeared to you.'

6 Again, the LORD said to him, 'Put your hand inside your cloak.' He put his hand into his cloak; and when he took it out, his hand was leprous,^{*} as white as snow. ⁷Then God said, 'Put your hand back into your cloak'—so he put his hand back into his cloak, and when he took it out, it was restored like the rest of his body— ⁸'If they will not believe you or heed the first sign, they may believe the second sign. ⁹If they will not believe even these two signs or heed you, you shall take some water from the Nile and pour it on the dry ground; and the water that you shall take from the Nile will become blood on the dry ground.'

10 But Moses said to the LORD, 'O my Lord, I have never been eloquent, neither in the past nor even now that you have spoken to your servant; but I am slow of speech and slow of tongue.' ¹¹Then the LORD said to him, 'Who

gives speech to mortals? Who makes them mute or deaf, seeing or blind? Is it not I, the LORD? ¹²Now go, and I will be with your mouth and teach you what you are to speak.'

Lector The Word of the Lord.

People Thanks be to God.

Canticle 14 – A Song of Penitence

O Lord and Ruler of the hosts of heaven, *

God of Abraham, Isaac, and Jacob,
and of all their righteous offspring:

You made the heavens and the earth, *
with all their vast array.

All things quake with fear at your presence; *
they tremble because of your power.

But your merciful promise is beyond all measure; *
it surpasses all that our minds can fathom.

O Lord, you are full of compassion, *
long-suffering, and abounding in mercy.

You hold back your hand; *
you do not punish as we deserve.

In your great goodness, Lord,
you have promised forgiveness to sinners, *
that they may repent of their sin and be saved.

And now, O Lord, I bend the knee of my heart, *
and make my appeal, sure of your gracious goodness.

I have sinned, O Lord, I have sinned, *
and I know my wickedness only too well.

Therefore I make this prayer to you: *

Forgive me, Lord, forgive me.
Do not let me perish in my sin, *
nor condemn me to the depths of the earth.
For you, O Lord, are the God of those who repent, *
and in me you will show forth your goodness.
Unworthy as I am, you will save me,
in accordance with your great mercy, *
and I will praise you without ceasing all the days of my life.
For all the powers of heaven sing your praises, *
and yours is the glory to ages of ages. Amen.

The New Testament Lesson

Romans 12:1-21

12I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. ²Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.

³For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgement, each according to the measure of faith that God has assigned. ⁴For as in one body we have many members, and not all the members have the same function, ⁵so we, who are many, are one body in Christ, and individually we are members one of another. ⁶We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ⁷ministry, in ministering; the teacher, in teaching; ⁸the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

9 Let love be genuine; hate what is evil, hold fast to what is good; ¹⁰love one another with mutual affection; outdo one another in showing honor. ¹¹Do not lag in zeal, be ardent in spirit, serve the Lord. ¹²Rejoice in hope, be patient in suffering, persevere in prayer. ¹³Contribute to the needs of the saints; extend hospitality to strangers.

14 Bless those who persecute you; bless and do not curse them. ¹⁵Rejoice with those who rejoice, weep with those who weep. ¹⁶Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. ¹⁷Do not repay anyone evil for evil but take thought for what is noble in the sight of all. ¹⁸If it is possible, so far as it depends on you, live peaceably with all. ¹⁹Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, 'Vengeance is mine, I will repay, says the Lord.'

²⁰No, 'if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.' ²¹Do not be overcome by evil, but overcome evil with good.

Lector The Word of the Lord.
People *Thanks be to God.*

Hymn In Christ there is no East or West The Hymnal 1982 #529

In him shall true hearts ev'rywhere
Their high communion find;
His service is the golden cord
Close binding humankind.

The Gospel

John 8:46-59

⁴⁶Which of you convicts me of sin? If I tell the truth, why do you not believe me? ⁴⁷Whoever is from God hears the words of God. The reason you do not hear them is that you are not from God.'

48 The Jews answered him, 'Are we not right in saying that you are a Samaritan and have a demon?' ⁴⁹Jesus answered, 'I do not have a demon; but I honor my Father, and you dishonor me. ⁵⁰Yet I do not seek my own glory; there is one who seeks it and he is the judge. ⁵¹Very truly, I tell you, whoever keeps my word will never see death.'

⁵²The Jews said to him, 'Now we know that you have a demon. Abraham died, and so did the prophets; yet you say, "Whoever keeps my word will never taste death." ⁵³Are you greater than our father Abraham, who died? The prophets also died. Who do you claim to be?' ⁵⁴Jesus answered, 'If I glorify myself, my glory is nothing. It is my Father who glorifies me, he of whom you say, "He is our God", ⁵⁵though you do not know him. But I know him; if I were to say that I do not know him, I would be a liar like you. But I do know him, and I keep his word. ⁵⁶Your ancestor Abraham rejoiced that he would see my day; he saw it and was glad.' ⁵⁷Then the Jews said to him, 'You are not yet fifty years old, and have you seen Abraham?' ⁵⁸Jesus said to them, 'Very truly, I tell you, before Abraham was, I am.' ⁵⁹So they picked up stones to throw at him, but Jesus hid himself and went out of the temple.

Lector The Word of the Lord.

People *Thanks be to God.*

Homily —Fr. Michael and Dcn Tom

Hymn In Christ there is no East or West

The Hymnal 1982 #529

Join hands, disciples in the faith,
Whate'er your race may be!
Who serve each other in Christ's love
Are surely kin to me.

The Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

The Lord's Prayer

Officiant The Lord be with you.

People And also with you.

Officiant Let us pray,

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Suffrages

- V. Show us your mercy, O Lord;
R. And grant us your salvation.
V. Clothe your ministers with righteousness;
R. Let your people sing with joy.
V. Give peace, O Lord, in all the world;
R. For only in you can we live in safety.

- V. Lord, keep this nation under your care;
R. And guide us in the way of justice and truth.
V. Let your way be known upon earth;
R. Your saving health among all nations.
V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.
V. Create in us clean hearts, O God;
R. And sustain us with your Holy Spirit.

The Collect of the Day: The Fifth Sunday of Lent

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. *Amen.*

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. *Amen.*

A Collect for the Renewal of Life

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. *Amen.*

A Collect for Grace

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. *Amen.*

Hymn In Christ there is no East or West The Hymnal 1982 #529

In Christ now meet both east and west,
In him meet south and north,
All Christly souls are one in him
Throughout the whole wide earth.

Prayers of the People

*The people respond: **O Lord, hear our prayer.***

Leader: The Lord be with you.

People: *And also, with you.*

Leader: Let us pray.

May we who are merely inconvenienced remember those whose lives are at stake.

O Lord, hear our prayer.

May we who have no risk factors remember those most vulnerable.

O Lord, hear our prayer.

May we who have the luxury of working from home remember those who must choose between preserving their health or making their rent.

O Lord, hear our prayer.

May we who have the flexibility to care for our children when their schools close remember those who have no options.

O Lord, hear our prayer.

May we who have to cancel our trips remember those that have no safe place to go.

O Lord, hear our prayer.

May we who are losing our margin money in the tumult of the economic market remember those who have no margin at all.

O Lord, hear our prayer.

May we who settle in for a quarantine at home remember those who have no home.

O Lord, hear our prayer.

As fear grips our country, let us choose love.

O Lord, hear our prayer.

During this time when we cannot physically wrap our arms around each other, let us yet find ways to be the loving embrace of God to our neighbors. ***Amen.***

(Prayer for the Pandemic by Cameron Bellm)

The Celebrant adds a concluding Collect, or the following Doxology

For yours is the majesty, O Father, Son, and Holy Spirit; yours is the kingdom and the power and the glory, now and forever. *Amen.*

A Prayer Attributed to St. Francis

Lord, make us instruments of your peace.

Where there is hatred, let us sow love;

where there is injury, pardon;

where there is discord, union;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

where there is sadness, joy.

Grant that we may not so much seek to be consoled as to console;

to be understood as to understand;

to be loved as to love.

For it is in giving that we receive;

it is in pardoning that we are pardoned;

and it is in dying that we are born to eternal life. *Amen.*

The General Thanksgiving

Officiant and People

Almighty God, Father of all mercies,

we your unworthy servants give you humble thanks

for all your goodness and loving-kindness

to us and to all whom you have made.

We bless you for our creation, preservation,

and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up ourselves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

The Celebrant leads the following prayer

A Prayer for Spiritual Communion

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and untie myself wholly to you. Never permit me to be separated from you. *Amen.*

Closing Hymn In Christ there is no East or West The Hymnal 1982 #529

In Christ there is no east or west,
In him no south or north,
But one great fam'ly bound by love
Throughout the whole wide earth.

In him shall true hearts ev'rywhere
Their high communion find;
His service is the golden cord
Close binding humankind.

Join hands, disciples in the faith,
Whate'er your race may be!
Who serve each other in Christ's love
Are surely kin to me.

In Christ now meet both east and west,
In him meet south and north,
All Christly souls are one in him
Throughout the whole wide earth.

Benediction

Officiant: Let us bless the Lord.

People: Thanks be to God.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship
of the Holy Spirit, be with us all evermore. *Amen.*